

**A warm friendly atmosphere where you
can meet new people and make friends**

Referral Process

Referrals are welcome from all organisations e.g health visitors, social services, alcohol/drug support agencies, voluntary projects and you can make a referral.

Surgery Sessions

Family Workers are available to provide support and information on various issues, including help with form filling. These sessions are held within the centre and childcare may be provided. For further information or to book an appointment please phone the Cottage.

Confidentiality

The Cottage Family Centre undertakes to respect the confidentiality of children and families.

This will apply in all circumstances except where the information received relates to a situation where the safety and well-being of a child, or other vulnerable person, may be at risk.

In such circumstances, the matter will be discussed with the Project Manager to identify the appropriate course of action.

All staff have been subject to an Enhanced Disclosure check.

For more Information

drop in, phone or email.

Family Workers:

Sharon Colville

Sharon.colville@thecottagefamilycentre.org.uk

or

Catherine Sneddon

Catherine.sneddon@thecottagefamilycentre.org.uk

The Cottage Family Centre

29-31 Cawdor Crescent, Kirkcaldy

Tel/Fax: 01592 269489

Opening Hours: 9am—5pm, Lunch 12-1pm.

Website:

<http://www.thecottagefamilycentre.org.uk>

email:

administration@thecottagefamilycentre.org.uk



Groups and Activities



INVESTOR IN PEOPLE



Company Limited by Guarantee No: 271291

Charity Registration No: SC 014271

What are Groups and Activities?

This service is available to families with pre-school children living in the Central Kirkcaldy area. Groups are held within the centre and supported by low cost quality childcare .

Support is offered through various activities such as informal group sessions, adult basic education classes, groups to help build confidence and self-esteem and fun activities.

Family Workers, can meet with you to discuss what you are interested in and help you to decide what groups you would like to attend.

Why might I want it?

- Meet new people
- Get out of the house
- Learn something new
- Build on existing skills

Groups (current and past)

What's for Tea?	
Bonnie Bairns	Adult Basic Education
	Toddlers
NC Psychology	Basic
	Computing
Our Little Treasures	Baby Massage
	Crawlers and Walkers
Creative Expressions	Arts & Crafts

Parents Comments

"Coffee morning is really good for helping you to meet other parents, mixing with other parents and just chatting and having some time to relax."

"Toddlers" teaches your child to interact with other children and also teaches them to get along with other children, which is a good thing for the future.

"Xmas Crafts was a good experience for helping you to learn how to make things for presents and cards to recycle. I really enjoyed the group."

Other Services

- Home support
- Parent & Toddlers groups
- Volunteering
- Next Best Thrift Shop